

With thoughts moving to the full time return to school, and the ongoing support of staff, children and families with wellbeing and catching up lost learning, we have shaped our latest offers to support these needs.

SUPPORTING THE MENTAL HEALTH AND WELLBEING OF THE SCHOOL COMMUNITY		
Eligibility	Offer	Next steps
Any IOA school, college or early years setting	<p>Mental Health First Aid Training - Mental Health First Aider - Adults</p> <p>Every setting within the IOA is entitled to funded training to ensure they have two staff members trained as Mental Health First Aiders. Delivered online over 4 sessions by professional trainers from Mental Health England.</p> <p>Brief details of what training includes on the IOA website</p> <p>More details: Mental Health First Aid starts with you · MHFA England</p>	<p>To book on next virtual session in April 2021 or register interest for future cohorts email: Vanessa Bally – vanessa.bally@highfield.suffolk.sch.uk</p>
Early Years practitioners in IOA EY settings and Primary Schools	<p>Highfield Resilience Tracker</p> <p>The tracker provides settings with a unique way for practitioners to assess and monitor a child's emotional development and resilience. Early Years staff can sign up for training in use of the Tracker as well as bespoke 1:1 support package to effectively use the tracker within their school or setting</p> <p>An introduction to the evidence behind the Tracker takes place on the 11th March 1-2pm</p>	<p>To register interest or to book on 11th March please email Vanessa Bally vanessa.bally@highfield.suffolk.sch.uk</p>
EY settings within the IOA	<p>Employee Assistance Programme</p> <p>Those EY settings that do not have an Employee Assistance Programme in place this year can apply for a year's cover for your employees, enabling them to access confidential counselling and advice on a wide range of work and personal issues.</p>	<p>To register interest please email Ben Gough ben.gough@suffolk.gov.uk</p>
IOA schools and colleges	<p>Inclusion Mindset training</p> <p>Schools can book bespoke support and training in Inclusion Mindset – an innovative project that trains staff on approaches to help pupils in primary and secondary and FE with distressed behaviour and challenging relationships. Delivered through the Suffolk Psychology and Therapy Team.</p> <p>A short Youtube explainer can be found here and here</p>	<p>Schools can access this provision by contacting Claire Darwin claire.darwin@suffolk.gov.uk</p>
IOA schools and colleges	<p>ELSA Training</p> <p>We are funding Emotional Literacy Support Assistant (ELSA) training to build the capacity of schools to support the emotional needs of their pupils. ELSAs are usually teaching assistants or learning support assistants. ELSAs receive six days of training and ongoing supervision. We will fund schools to have 2 ELSAs. Where schools have had ELSA training in the past we will fund a further year of supervision. More details here</p>	<p>Schools can access this provision by contacting Claire Darwin claire.darwin@suffolk.gov.uk</p>
Young people in all schools and colleges	<p>Vision and Voice - Support for pupil and staff Mental Health</p> <p>We have partnered with a cooperative of community and voluntary sector organisations to deliver Vision and Voice, a menu of support for students and staff wellbeing and mental health which can be found on our website here. This includes group support, mentoring and food packages through Pink and Orange suite.</p> <p>We also have some funding set aside to respond to other presenting needs from schools, we would encourage all schools to contact either Vision and Voice or Katrina Gardiner to discuss needs that cannot be met through the offer above: k.gardiner@suffolk.ac.uk</p>	<p>Schools can access provision by contacting Vision and Voice directly: IOAVisionandvoice@greenlighttr ust.org</p>
All schools, colleges and EY settings in IOA	<p>Mental Health Leads Network</p> <p>To support the transition to the Mental Health in Schools service, and support local collaboration, the IOA Mental Health Leads Network will start in the second half of the Spring Term. Invites will go out to nominated mental health leads shortly. If you haven't yet given us the name and email address of your school mental health lead email Katrina</p>	<p>Send the name and email address of your mental health lead to Katrina Gardiner: k.gardiner@suffolk.ac.uk</p>
Primary Schools in IOA	<p>Healthwatch Suffolk KS2 mental health and wellbeing co-production</p> <p>2nd co-production event to develop the foundations of a project looking at mental health and wellbeing in KS2 children. Open to all staff with experience working with this age group (7-11). Please book a zoom place, Wednesday 3rd February 1.30-2.30pm. If you didn't spot this in time to attend, but would like to get involved, please contact Nic and she'll be in touch.</p>	<p>Schools can get involved in this research project by contacting Nic Whittam: nic.whittam@healthwatchesuffolk.co.uk</p>

SUPPORTING REMOTE EDUCATION & THE RETURN TO SCHOOL		
Eligibility	Offer	Next steps
Any staff in IOA schools, colleges and EY settings	Family Support Staff network – Thursday afternoons Between 1 & 2pm on Thursdays our Remote Learning Support Assistants in schools, and Family Support practitioners in Early Years settings get together online to share ideas and good practice in supporting families. Any teaching or support staff that work with families are welcome to join this session for mutual support and networking.	Contact Hazel Weekes hazel.weekes@newanglia.co.uk with staff member name and email, and they'll receive calendar invites
Any staff in IOA Schools and Colleges and Early Years settings	Thursday afternoon training – what the evidence says... A series of 1 hour workshops delivered by the Ipswich Associate Research School to refresh your knowledge of "what works" in: <ul style="list-style-type: none"> • Social & Emotional Learning – 25th Feb 1-2pm • Supporting SEND learning and engagement – 4th Mar 1-2pm • Impact of adverse childhood experiences in EY children – 11th Mar 1-2pm • Metacognition and self regulation – practical applications – 18th Mar 2-4pm • Parental Engagement pre and post Covid-19 – 1-2pm 	To book any of these free sessions please fill out our very quick online form
Leaders in IOA Schools and College	Whole School Behaviour webinar 23rd March 2021 1-2.30pm A fresh look at the guidance from EEF at the evidence underpinning the EEF Improving School Behaviour. Practical applications and interventions. Strategies for leaders in schools to implement effective behaviour systems. Delivered by the Ipswich Associate Research School	
Families of children at IOA Primary schools	Support for families with Remote Education CF Education have lots of capacity to support primary school families who are struggling with remote education. More details are on the IOA website . Schools should refer no more than 3 families in the first instance.	You can make referrals directly to CF Education using their referral form download here
	Support for EAL families with Remote Education Volunteering Matters can provide specific, culturally sensitive support for families whose first language is not English, who are struggling with remote education because of digital literacy or language issues. More details are on the IOA website .	Email EALFamilies@volunteeringmatters.org.uk to request support including staff contact name and phone number,
Families of children at any IOA school	Family Remote Learning Support Line From Monday 8 th February our IOA Remote Learning Support Assistant team will be offering a Remote Learning Helpline for parents outside of school hours – 6-9pm Monday to Friday, and 9am-12pm on Saturday. Designed for working parents who can't always contact school during the day, and who would appreciate a voice at the end of the line after work, our RLSAs will trouble shoot simple issues and act as a messaging service for more complex or school specific remote learning queries. Details here .	To opt in to the family support helpline, or for the info pack email Hazel.Weekes@newanglia.co.uk
Anyone	IOA Website links At your request we're pulling together resources and support offers on our website: Covid-19 - useful links for schools and parents A list of the remote education plans of all IOA schools A list of the Remote Learning Support Assistants in IOA schools A list of evidence based reports into the impact of Covid-19 and recommendations for policy and schools A list of Mental Health and Wellbeing Support offers for education	We'll keep adding to these resources – to suggest a source of info email Ben Gough ben.gough@suffolk.gov.uk
Primary schools in IOA	PE and wellbeing We will be offering live PE lessons to Early years, KS1 and KS2 classes via zoom. The lessons will be led by a qualified PE teacher initially starting on a Monday morning. Reception: 9:00 – 9:30 KS1: 10:00 – 10:30 KS2: 11:00 – 11:30 We are launching this after half term with the first lesson taking place on Monday 22 nd February. Register your interest to get further details and joining instructions.	To register your interest in either of these activities please email Mel Scotland: Melanie.scotland@suffolk.gov.uk
	WoW Hour We are hosting weekly virtual world of work activity sessions with employers and professionals from a range of industries to inspire primary pupils to think about the World of Work. The aim of this is to give pupils an insight into different careers. This will be launched in the Summer term to be delivered live to whole classes in the classroom setting via Zoom. More details to follow.	

EY settings within the IOA	<p>WellComm Assessment Toolkit and training If your setting doesn't have a WellComm Assessment toolkit we will purchase one for you. We will also be offering funded training to support staff in use of the WellComm pack in the most effective and accurate way – training dates to follow.</p> <p>Existing WellComm users are also encouraged to sign up for the training</p>	<p>To request your WellComm toolkit please email Ben Gough ben.gough@suffolk.gov.uk To register interest in training please email Vanessa Bally vanessa.bally@highfield.suffolk.sch.uk</p>
All IOA schools and colleges	<p>Evidence Leads in Education The IOA now has a dedicated team of “Evidence Leads in Education” available to support school senior and middle leaders 1-2-1 via Zoom in any or all of the following:</p> <ul style="list-style-type: none"> • Advice and support to take up offers in this document • Support with planning and implementation of new projects (IOA or otherwise) • Support with evaluation and measuring impact • Connecting to the latest evidence on what works • Sharing IOA learning and best practice <p>More details on who the team are and how they can help is here</p>	<p>To book an “ELE” email jacqueline.bircham@newanglia.co.uk</p>
Teaching assistants in all schools and colleges and childcare assistants in Early Years settings	<p>Suffolk TA Network Over 200 TAs attended the initial Teaching Assistant Network launch events and in response to requests for an after school session Abi Joachim has added an additional date on 4th February from 4-5pm. A pdf of the first network newsletter can be found here. Key aims of the Network are to provide training and networking opportunities to share good practice, to keep TAs up to date with the latest evidence based approaches for supporting learning and to raise the profile of the TA role. In the second half of the Spring Term network virtual sessions will include:</p> <ul style="list-style-type: none"> • Supporting Dyslexic Secondary Students During Remote Learning (and Beyond) • Autism training, Ian Hirst • Whole Network information sharing and networking event • Remote Learning and reintegration conference (below) • Sharing what TAs are doing in their own schools and specialisms and experience <p>Remote Learning and Reintegration Conference – Suffolk TA Network Mid March – date and time to be confirmed Keynote speaker and a range of workshops on topics such as Autism, Speech and Language and EAL</p>	<p>Please email SuffolkTANetwork@suffolk.gov.uk to request a TEAMS invite to the launch event on 4th February.</p> <p>To ensure your TAs are linked into the network and get details of training and the Remote Learning and Reintegration conference send contact names and emails to Abigail.Joachim@westbourne.attrust.org.uk</p>
Year 11 pupils in IOA schools and colleges	<p>What a Difference A Day Makes We can offer a second cohort of the remote version of WADADM in Summer term to a small number of Year 11 students. Students receive the support of a university of Suffolk mentor, to help them develop their independent learning, wellbeing, improve their Maths skills, and prepare for the transition to 6th form, college or apprenticeship.</p>	<p>To register interest in nominating additional students for the Summer term email Hazel.weekes@newanglia.co.uk</p>
All schools in IOA and surrounding area.	<p>Transition Project We are currently developing a Year 6-7 transition package for schools, including a common data sharing process, pupil brochures and transition TA training.</p> <p>Supporting reintegration for all year groups from home learning. We want to hear what support you need. Please email melanie.scotland@suffolk.gov.uk with any ideas you have, we do have some funding available for this.</p>	<p>Schools can access this provision by contacting Mel Scotland: Melanie.scotland@suffolk.gov.uk</p>